

ATTENTION PROBLEMS

RESOURCES FOR PARENTS

Taking charge of ADHD by Russell Barkley, Guilford Press (1995)
LPL Call #: 618.928589 Bar

Healing ADD: The breakthrough program that allows you to see and heal the six types of attention deficit disorder by Daniel Amen, G.P. Putnam's Sons (2001)
LPL Call # 616.8589 Ame

Parenting a child with ADHD by Nancy Boyles & Darlene Contadino, Lowell House (1996)
LPL Call #: 649.153 Boy

ADHD and teens: A parent's guide to making it through the tough years by Colleen Alexander-Roberts, Taylor Trade (1995)
LPL Call #: 616.8589 Ale

Maybe you know my teen: A parent's guide to helping your adolescent with attention deficit hyperactivity disorder by Mary Fowler, Broadway Books (2001)
LPL Call # 616.8589 Fow

RESOURCES FOR KIDS/TEENS

Putting on the brakes by Patricia Quinn & Judith Stern, Magination Press (1991)
LPL Call #: j618.9285 Qui

Cory stories: A kid's book about living with ADHD by Jeanne Kraus, Magination Press (2005) LPL Call #: j618.928589 Kra

Joey Pigza loses control by Jack Gantos, Farrar, Straus and Giroux (2000)
LPL Call #: j Gan

The ADD book for kids by Shelley Rotner and Sheila Kelly, Millbrook Press (2000)
LPL Call # j618.928589 Rot

RESOURCES FOR ADULTS

Driven to distraction by Edward Hallowell and John Ratey, Pantheon Books (1994)
LPL Call #:616.8589 Hal

The ADHD book of lists: A practical guide for helping children and teens with attention deficit disorders by Sandra F. Rief, Jossey-Bass (2003) LPL Call # 371.93 Rie

Beyond Ritalin: Facts about medication and other strategies for helping children, adolescents and adults with attention deficits disorders by Stephen Garber, Marianne Garber, & Robyn Spizman, Villard (1996) LPL Call #: 616.8589 Gar

Learning a living: A guide to planning your career and finding a job for people with learning disabilities, attention deficit disorder, and dyslexia by Dale Brown, Woodbine House (2000) LPL Call #: 371.92 Bro

WEB SITES

National Attention Deficit Disorder Association
<http://www.add.org>

U.S. National Institute of Mental Health: Attention Deficit Hyperactivity Disorder
<http://www.nimh.nih.gov/health/publications/attention-deficit-hyperactivity-disorder/complete-index.shtml>

Attention Research Update (free e-newsletter)
<http://www.helpforadd.com/>

Children and Adults with Attention Deficit/Hyperactivity Disorder <http://CHADD.org>



Resource list was created through consultation with existing resource lists from the Offord Centre for Child Studies http://knowledge.offordcentre.com/about/about_pamphlets.html, the Child and Parent Resource Institute <http://www.cpri.thehealthline.ca/resources.asp>, and the *Authoritative Guide to Self-Help Resources in Mental Health* by John Norcross et al. (2003) Guilford Press.